Racker Virtual Activities Calendar: May 18th-24th, 2020		
Interactive Read Aloud with Danielle <i>A reading of "My Hero is You" and other</i> <i>tales! Thoughtful discussion is encouraged!</i>	Available Sessions: Monday, May 18th: 4:00PM-4:45PM Sunday, May 24th: 1:00PM-1:45PM	
Stay Active with Steve Get moving with Steve, and explore a diverse and accessible exercise regimen!	Available Sessions: Tuesday, May 19th: 2:00PM-2:30PM Thursday, May 21st: 2:00PM-2:30PM	Ť
Food for Thought: Natalie's Notes Learn how to craft some delicious chocolate chip banana bread in this week's session!	Available Sessions: Tuesday, May 19th: 12:00PM-12:45PM	
Wood and Rock Carving with Cheri <i>Explore the facets of carving, including</i> <i>appropriate safety measures, and unique</i> <i>project ideas!</i>	Available Sessions: Tuesday, May 19th: 3:30PM-6:30PM Wednesday, May 20th: 3:30PM-6:30PM Saturday, May 23rd: 4:30PM-7:30PM	10. B
Scavenger Hunt with Mark Go on the hunt with Mark! Participants will be provided with opportunities to exercise their powers of observation!	Available Sessions: Tuesday, May 19th: 4:00PM-5:00PM	?
Avian Adventures with Alyssa Learn about the construction of bird feeders and other birding resources. E-guides and instructions will be provided!	Available Sessions: Wednesday, May 20th: 10:00AM-11:30AM	
Sand Artistry with Shirley Learn how to create intricate designs using multicolored sand and plaster of Paris!	Available Sessions: Wednesday, May 20th: 10:00AM-11:30AM	
Pantry Cooking with Kathleen <i>Peer into the pantry! Learn how to make</i> <i>quick, delicious meals with on-hand resources.</i>	Available Sessions: Wednesday, May 20th: 2:00PM-3:00PM	
Self-advocacy Group* Join the discussion! During this time of social distancing, we invite you to come share topics that are important to you and connect with other self-advocates!	Thursday, May 21st: 12:00PM-1:00PM <u>*This session requires preregistration by May 20th.</u> Cortland County, email AmandaH@Racker.org Tioga and Tompkins Counties, email GayleB@Racker.org	NI NI
Introspective Art Hour with Meghan Join us for some thought provoking artistic opportunities. An interwoven story reveals a creative drawing tutorial!	Available Sessions: Thursday, May 21st: 2:00PM-3:00PM	
BINGO! Fridays with Jenn Play a couple rounds of this classic game in standard and emoji formats!	Available Sessions: Friday, May 22nd: 3:00PM-6:00PM	:⊞INGD:
Creative Crafting with Chrystal Learn how to repurpose household materials into unique, exciting works of art that can be adapted to any interest! Suggestions are inviting through communal polling options!	Available Sessions: Sunday, May 24th: 3:00PM-5:00PM	

<u>To sign up for these Virtual Activities, email DustinZ@Racker.org. Register for the Self-advocacy Group by May 20th by emailing</u> <u>AmandaH@Racker.org (Cortland County) or GayleB@Racker.org (Tioga and Tompkins Counties).</u>