



Virtual Activities Calendar ***August 24th through August 28th*** ***Preregistration is now required***

What?

Racker's Virtual Activities are learning opportunities developed by the Family Resource Program's talented Community Support Professionals. Learn to draw, cook, play games, virtually exercise, and much more!

Where?

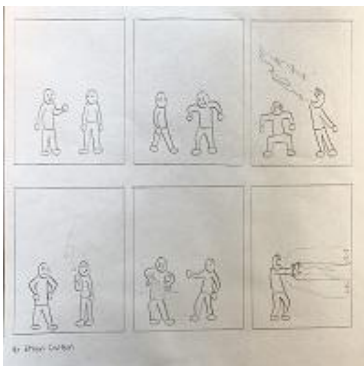
All Virtual Activities are offered through the video application, ZOOM!



How do I preregister and join?

See the event listings below. Click to preregister for each event. Once you've registered, you will receive the session link in the next screen and in your email! **Your session link is unique to you - don't forget to save it!**

You can also preregister for future sessions, but you must do so for each session individually.



Comic Design



Other Voices in the 607



Racker Do-It-Yourself

Monday, August 24th
1p-3p

Let's make comics together!

Recommended Supplies

*Prepared panels (3-9)
Ruler (1)
Pencils (2-3)
Paper (10-15 sheets)*

Monday, August 24th
4p-5p

Share topics that are important to you and connect with other self-advocates!

Monday, August 24th
5p-6p

Join us and learn proper kitchen cleaning methods - dishes, counters, and more!

Are you ready for RDIY?

[Click here to preregister for Comic Design!](#)

[Click here to preregister for Other Voices!](#)

[Click here to preregister for Racker DIY!](#)



Stay Active

Tuesday, August 25th
2p-2:30p

Push-ups, sit-ups, dance routines, and more - join us and get moving!

[Click here to preregister for Stay Active!](#)



Creating Your Own Sensory Space
Wednesday, August 26th from 3p-4p

You do not need a lot of money or a large space to build your own sensory



Pantry Cooking
Wednesday, August 26th
4p-5:30p

Join us to create your own cinnamon rolls!

environment at home. Learn some tips on how to make your own cost-effective sensory space at home!

[Click here to preregister for this event!](#)

Ingredients

Amounts to be announced during the event!

Dough

Flour

Sugar

Baking powder

Baking soda

Salt

Buttermilk

Butter

Milk

Filling

Brown sugar

Sugar

Cinnamon

Vanilla

Salt

Butter

Frosting

Butter

Cream cheese

Powdered sugar

Vanilla extract

[Click here to preregister for Pantry Cooking!](#)



Scavenger Hunt

**Thursday, August 27th
1:30p-2p**

Share your powers of observation in this unique Scavenger hunt!

[Click here to preregister for the Scavenger Hunt!](#)



Stay Active

**Thursday, August 27th
2p-2:30p**

Push-ups, sit-ups, dance routines, and more - join us and get moving!

[Click here to preregister for Stay Active!](#)



Food for Thought

**Thursday, August 27th
2:30p-3:30p**

Join us during a new timeslot and make almond/peanut butter granola bars!

Ingredients

Rolled oats (2 cups)

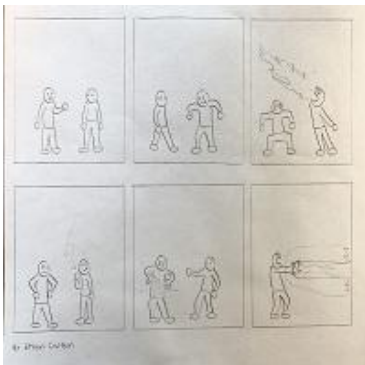
Shredded coconut (1/2 cup)

Honey (1/2 cup)

Almond/peanut butter (2

tablespoons)
Vanilla extract (1 teaspoon)
Salt (1/2 teaspoon)

[Click here to preregister
for Food for Thought!](#)



Comic Design
Thursday, August 27th
3:30p-5p

Let's make comics together!

Recommended Supplies

*Prepared panels (3-9)
Ruler (1)
Pencils (2-3)
Paper (10-15 sheets)*



Avian Adventures
Friday, August 28th
11a-12p

*Make a bird feeder, view live
cameras of birds, and more!*

Supply List

*Pine cone (1)
Toilet paper tube (1)
String
Peanut butter
Bird seed (if available)*



Sharing Successes
Friday, August 28th
2:30p-3p

*In this week's **Sharing
Successes**, we're going to
play a quiz bowl! Come
prepared to share and learn
about each other!
Guidelines for this game will
be provided through email.*

[Click here to preregister
for Comic Design!](#)

[Click here to preregister
for Avian Adventures!](#)

[Click here to preregister
for Sharing Successes!](#)



Bingo Fridays
Friday, August 28th
3:00p-5p

Play bingo and work up to winning a second certificate!

For cards/certificate info:

Dustinz@racker.org

Click here to preregister for Bingo Fridays!

Racker's Family Resource Program
For more info | Dustinz@racker.org