

# Racker

 **VIRTUAL ACTIVITIES**

*September 13th through 18th*

*Stay Active dates have been changed and Bingo Saturday  
added!*

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## What?

Racker's Virtual Activities are learning opportunities offered online through ZOOM. Whether developed and hosted by Community Support Services' talented Community Support Professionals, or programs offered by outside organizations, our courses appeal to every interest and ability level!



Activities are available Monday through Saturday! Virtually explore community locations near you, learn new skills, exercise, play games, and much more!

## Who is eligible?

Anyone receiving Services from a Racker Program, including but not limited to, Early Childhood Services, Community Habilitation, Residential, and Self-direction! Eligible Program participants are encouraged to invite friends and family! Racker staff and their families are welcome to tune in as well!

## How do I sign up?

Preregistration for each event is required. To preregister, click on the event icons below. Once you've completed the fields, you will receive the session link in the next screen and in your email! Your session link is unique to you - don't forget to save it! QR code access is currently under construction - stay tuned!

## Advance registration now available

Some Activities now occur at the same day/time every week!\* For these, advance registration is available! Choose multiple Activity sessions you'd like to attend, complete registration once, and attend them all using the same link!

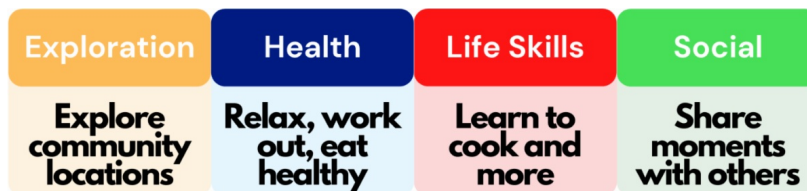
\*All Activity session dates and times are subject to change at any time.

## What if I'm not eligible?

[Click here for Service Eligibility Support!](#)

Every Virtual Activity is designed to assist people with developing and refining skills for the purpose of realizing their personal goals. The Virtual Activities offer a great social environment that provides participants with the opportunity to meet and succeed together! The new Activity Themes tell you what each course is about and what Goals are applicable.

Look for these Activity Theme icons near each Virtual Activity to decide if a session is right for you or someone you support!



Monday, September 13th



September 13th\*  
3:45-4:15P

Stay Active returns in a different timeslot. Get movin'!


\*Session days and times vary for this Activity.

[Preregister](#)

Every Monday\*  
6:15-8:15P

Play bingo! For cards/prize info, email [Dustinz@racker.org](mailto:Dustinz@racker.org)

\*Access is now even easier! Register for every session in advance and use one link to attend!



**Bingo Monday**  
Social

7

Preregister

Tuesday, September 14th



**Stay Active**  
Health

September 14th\*  
3:45-4:15P

Stay Active returns in a different timeslot. Get movin'!

\*Session days and times vary for this Activity.

Preregister



**OTHER VOICES IN THE 607**  
Racker  
Supporting People with Disabilities

Every Tuesday\*  
6-7P

Get together with other self-advocates and discuss issues that are important to you!

\*Access is now even easier! Register for every session in advance and use one link to attend!

Preregister



**Rapper's Delight**  
VIRTUAL DANCE PARTY

Daniel's Music Foundation  
Rapper's Delight Virtual Dance Party (Ages 16+)  
September 14th\*  
7-8P

Please join Daniel's Music Foundation for their Rapper's Delight Dance Party! Hosted on ZOOM, attendees will dance along to some of the best rap songs in history, plus the latest hits spun by DJ Juliana, during this free, one-hour event! Dressing like your favorite rapper is encouraged, but not required, and don't forget your dancing

shoes!

\*Please note, this is a free, public event hosted by Daniel's Music Foundation. Sessions may be recorded but you will have the ability to enable/disable your camera as you see fit. For assistance with registration, please email [Dustinz@racker.org](mailto:Dustinz@racker.org).

Preregister

Wednesday, September 15th

Racker 

welcomes you to a

CSP  
APPRECIATION  
BLAST



VIA ZOOM  
SEPTEMBER 15TH  
10A & 6P

September 15th  
10-11A  
6-7P

We invite all Community Support Professionals, Racker participants, and their families to join us at our virtual CSP Appreciation Blast on September 15th!

Come share memories of your CSP, what they've done to support you or your loved one, and why you appreciate them. **Two sessions are available - feel free to attend one or both!**

Preregister for 10A

Preregister for 6P



**Pantry Cooking**

Health  
Life Skills

Every Wednesday\*  
4:45-6:00P

Get cookin' with us! This weeks recipe is available in registration!

\*Access is now easier! Register for every session in advance and use one link to attend!  
Please note, this week's session time has been slightly reduced.

[Preregister](#)

## Thursday, September 16th



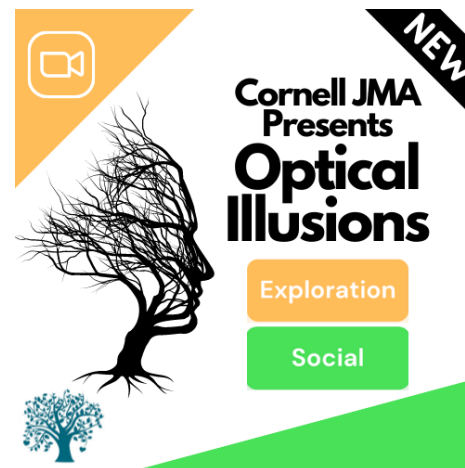
**Brain & Body Break**

Health  
Social

Every Thursday\*  
1-2:30P

The activity for zany exercise, trivia, and more!

\*Access is now even easier! Register for every session in advance and use one link to attend!



**Cornell JMA Presents Optical Illusions**

NEW

Exploration  
Social

September 16th\*  
5-5:45P

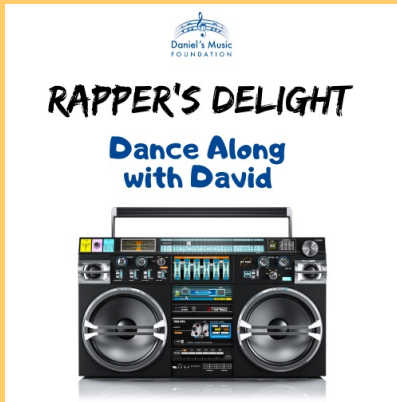
I just saw something! Or did I?

Join Cornell Johnson Museum of Art to explore artwork featuring optical illusions - images that delight and deceive the eye!

\*Cornell Johnson Museum of Art returns to host monthly events, exclusive to Racker's Virtual Activities!

Preregister

Preregister



Daniel's Music Foundation  
Rapper's Delight Dance Along (Ages 8-15)  
September 16th\*  
7-8P

Please join Daniel's Music Foundation for their Rapper's Delight Dance Along with David. Hosted on ZOOM, attendees will enjoy dancing together to the best rap songs in history, plus the latest hits spun by DJ David, during this free, one-hour event. Dressing like your favorite rapper is encouraged, but not required, and don't forget your dancing shoes!

\*Please note, this is a free, public event hosted by Daniel's Music Foundation. Sessions may be recorded but you will have the ability to enable/disable your camera as you see fit. For assistance with registration, please email [Dustinz@racker.org](mailto:Dustinz@racker.org).

Preregister

Friday, September 17th



**Game  
Night**

Social



Every Friday\*  
6:15-7:15P

Play fun games!

\*Access is now even easier! Register for every session in advance and use one link to attend !

Preregister

Saturday, September 18th



**New York Ballet  
Access Workshops for Children (Ages 4-12)**  
September 18th  
9:30a-10:15a

**New York Ballet's Access Workshops return!** Each 45-minute workshop will be co-led by a pair of NYCB dancers and will include a warm-up and choreography inspired by some of the NYCB's most treasured repertory.

Accessibility options such as American Sign Language interpretation and closed-captioning are available.

Please note, this is a public event hosted by New York City Ballet. Sessions may be recorded, but you will have the opportunity to enable/disable your camera as you please. For assistance with registration, email [Dustinz@racker.org](mailto:Dustinz@racker.org).

O'Connor, R. 2021. Access Key Art 4 [Photograph]. New York City Ballet.  
Link unavailable.

Preregister



September 18th\*  
11:30A-1:30P

Play bingo! For cards/prize info, email [Dustinz@racker.org](mailto:Dustinz@racker.org).

\*Session days and times vary for this limited Activity.

Preregister



September 18th\*  
2-3P

Join us at Watkins Glen!

\*Session days and times vary for this Activity.

Preregister

## Virtual Activities Spotlight

Save the date for **Temple Grandin** on October 5th!

**Temple Grandin  
is coming to  
Racker's Virtual  
Activities in  
October!**

Racker  
PRESENTS



# DR. TEMPLE GRANDIN

Developing Talents  
OCTOBER 5TH

**Dr. Temple Grandin** draws from her own experience with autism spectrum disorders and her professional career. She speaks on how to nurture and turn talents and special interests into paid work!

A FAMILY  
SUPPORT  
SERVICES  
PARENT  
NETWORK  
EVENT

Registration  
Available  
Soon



October 5, 2021 • 5:30-7PM



Virtually via ZOOM

SAVE  
THE  
DATE!

\*For questions, email [Dustinz@racker.org](mailto:Dustinz@racker.org)

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Email [Dustinz@racker.org](mailto:Dustinz@racker.org) for more info.

Racker

*Racker Community Support Services*

For more info about Virtual Activities | [Click to visit Racker.org](#)

For more info | [Dustinz@racker.org](mailto:Dustinz@racker.org)

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