



December 20th through 23rd

Join us at our Holiday Party on Thursday!



Racker's Virtual Activities are learning opportunities powered by ZOOM. Tours of community locations, cooking courses, exercise classes, and much more occur Monday through Saturday. Courses are developed and hosted by partnering organizations, Virtual Volunteers, and the Family Resource Program's Community Support Professionals. Some Activities are recurring each week and registration can be completed in advance! Those eligible to attend include Racker Service recipients, their family and friends, Racker staff, and friends of Racker! Come join us in an environment where people can learn and succeed together! For more info, click below:

[Virtual Activities Info](#)

[What if I'm not eligible?](#)

Exploration

**Explore
community
locations**

Health

**Relax, work
out, eat
healthy**

Life Skills

**Learn to
cook and
more**

Social

**Share
moments
with others**

All courses are designed to assist participants with developing Skills and achieving their Goals. Our **Activity Themes** will help you determine if an Activity is right for you or someone you support. Look for these in each Activity's graphic to find out more about a course's content!



Virtual Tours



Exploration

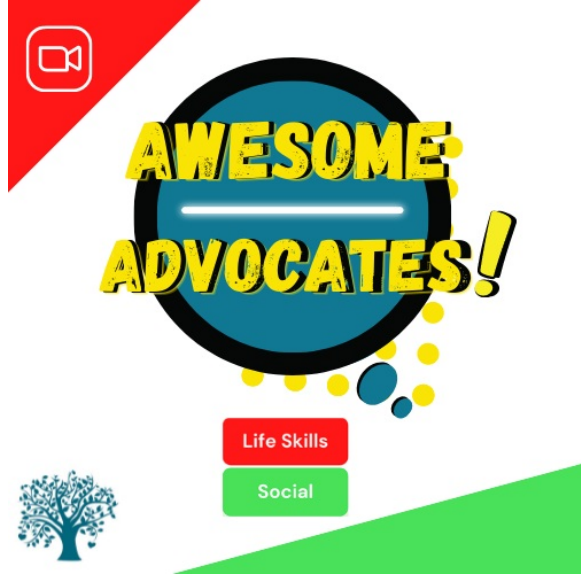
Social



Monday
December 20th
2:30-3:30P

Take a tour of London's Christmas lights!


Preregister



AWESOME ADVOCATES!

Life Skills

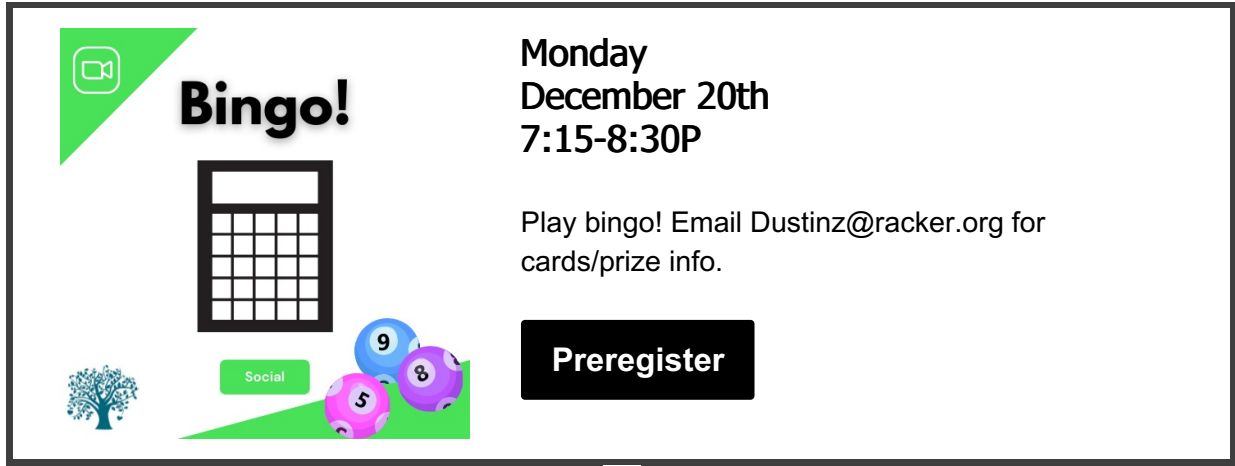
Social




Monday
December 20th
5-6P


Join our new Self-advocacy Group for those under age 16!

Preregister




Bingo!





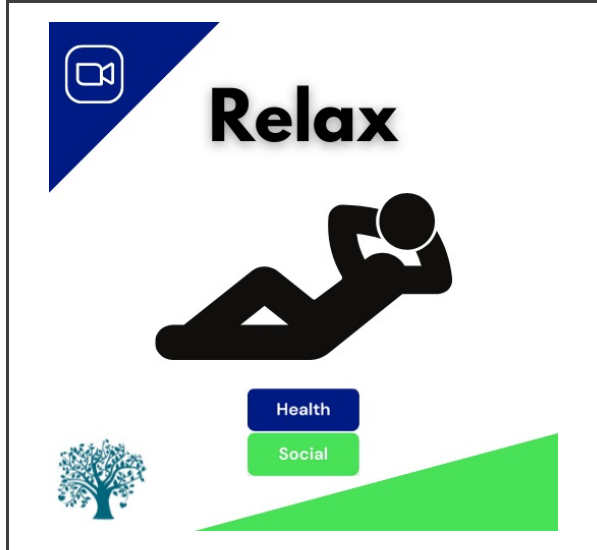
Social



Monday
December 20th
7:15-8:30P

Play bingo! Email Dustinz@racker.org for cards/prize info.

Preregister




Relax



Health

Social



Tuesday
December 21st



Stay Active



Health



Tuesday
December 21st

2-3:30P*

Looking to relax? We've got you covered!

*This week's session has been reduced due to the holiday.

Preregister

3:45-4:45P

Get movin' in our Virtual exercise regimen!

Preregister



Skill Chef



Life Skills

Health



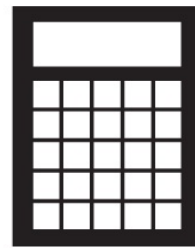
Wednesday
December 22nd
4:45-6:15P

Learn how to make potato corn chowder!

Preregister



Bingo!



Social



Wednesday
December 22nd
6:15-8:15P

Play bingo! Email Dustinz@racker.org for cards/prize info.

Preregister

Racker
PRESENTS

**THE
VIRTUAL
ACTIVITIES
HOLIDAY PARTY**

Holiday Laughter
Virtual Caroling
Live Music
Holiday Bingo

December 23, 2021 | 5:30-7:30P
Join us on ZOOM!


**A Virtual Activities Holiday Party
Thursday, December 23rd
5:30-7:30P**

Racker Community Support Services invites you to the second annual Virtual Activities Holiday Party!

Get into the holiday spirit with some laughter and virtual caroling. Also, don't forget about our special musical guest and bingo!

Preregister

Join us at The Sciencenter New!



The Sciencenter Animal Room Tour
Friday, January 14th
4-5:15P

Take a virtual tour of the Sciencenter's live Animal Room! This is exclusive to Racker's Virtual Activities. Lion fish, pythons, and other creatures await you!

Exploration
Social

January 14th!

Sciencenter. (2021). IMG_3988; IMG_8509. [Photographs]. Sciencenter.

Preregistration available now!

Cornell Johnson Museum of Art NEW

RECYCLED ART



Exploration
Social

January 2022

Cornell JMA Recycled Art
Coming January 2022

Join Cornell Johnson Museum of Art and learn about how recycled materials can create beautiful pieces of art!

SHARING SUCCESSES



Life Skills
Health
Social

January 2022

Sharing Successes
Holiday Edition
Coming January 2022

The Virtual Activity where we celebrate each other returns in December! Come prepared to share accomplishments and learn resilience activities!

Interactive Hands

Premiere



Social

January 2022

Interactive Hands
Premiere
Coming January 2022

A special Virtual Activity featuring the premiere of the American Sign Language group, Interactive Hands. Come together and watch their August performance!

For more info about Racker's Virtual Activities, please email Dustinz@racker.org.



Try email marketing for free today!