



(Updated 5/25/22)

## **Return to Preschool Following COVID-19 EXPOSURE**

Per CDC: For COVID-19, a close contact is anyone who was within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period

### **To return to school after COVID-19 EXPOSURE, here's what we need:**

- Your child must quarantine for 5 days. May return on day 6, Day 0 being symptom onset or exposure, day 1-5 being quarantine days, as well as:
- **A negative PCR COVID-19 test**
  - Your child's 5 days **WILL be extended** to the full 10-day quarantine if your child develops symptoms after exposure--keep us informed.
    - Fever 100 or above—Chills—Congestion—Runny nose—Cough--Sore throat—Fatigue - Shortness of breath or difficulty breathing—Headache—Nausea—Vomiting—Diarrhea - New loss of taste or smell
  - If your child develops COVID—it will be 10-day Isolation, no exceptions. Please notify us immediately
- **We will contact you to confirm we have received the needed documentation.**

Please do not send your child to preschool without confirmation from us that we received the needed documentation.

**If you are unable to provide a negative COVID-19 test, your child must quarantine at home for a full 10 days before returning to preschool.**

### **Contact Information:**

- Karen Kilgore, School Nurse: 272-5891 x323 (8-1:30), [karenk@racker.org](mailto:karenk@racker.org)
- Sonia Ferro, Cortland Preschool Director: (607) 753-9375 x134, [soniafcp@racker.org](mailto:soniafcp@racker.org)
- Patrick Schloupt, Tompkins & Tioga County Preschool Director: (607) 272-5891 x258, [patrick@racker.org](mailto:patrick@racker.org)

FAX—Tompkins & Tioga program: (607) 882-9522

FAX--Cortland program: (607) 758-9287